

# Chili

## Main Course

Ingredients	Cooking Method
3 lbs Ground Beef 2 cans Diced Tomatoes (14½ oz. ea.) 2 cans Chili Beans (14½ oz. ea.) 2 Onions 1 can Corn (12 oz.) 1 Bell Pepper 1 can Tomato Sauce 4 cloves Garlic 3 tbsp Chili Powder ½ tsp Cumin ½ tsp Oregano Salt n Pepper	Slower Cooker (4 Hour)

1. Cook/Brown meat season with S n P.
  2. Chop onions, pepper and garlic.
  3. Combine all ingredients in slow cooker.
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Cook Low 4 hours.

Variations: Use 1 lb beef, 1 lb veal, 1 lb pork